

Contact details

Tel Monday to Friday 9am to 5pm
02920 524 158

Tel Out of Hours
Charged at 10p flat rate regardless of
length of call
0845 074 3003

Fax 02920 624 856

Email Monday to Friday 9am to 5pm
info@gthc.org.uk



How to find us:

Tŷ George Thomas is set in the grounds of Whitchurch Hospital, Park Road, Whitchurch, Cardiff.

Whitchurch Hospital can be accessed from the M4 at junction 32 Coryton Interchange and then by following the A4054; the entrance to the hospital is approximately 200 yards past the Hollybush Public House on the right hand side. Tŷ George Thomas is situated to the rear of the main hospital on the far side of the rugby pitch. There is free parking on site at Tŷ George Thomas.

Common Question

What happens once a referral has been made?

Once the referral has been accepted a member of the team will contact you to arrange a suitable time to come and visit you in your home.

When patients are referred to George Thomas Hospice Care they are allocated a specialist nurse. In the majority of cases the patient will have the same nurse during their time as a patient.

How much does it cost to access the service?

All our support is provided totally free of charge to our patients and their families. The cost of running the service stands at £1.3 million each year. This is part funded by the Welsh Assembly Government but the majority is raised through local fundraising.

Can I access your services if I live in a nursing or residential home?

Yes, with the permission of the residential/nursing home manager we can provide the same services that we would in someone's home.

How can I attend day care?

If you are interested in attending day care or any of our day centre programmes you can speak with your nurse who can provide additional information and arrange for a referral to be made.

Is George Thomas Hospice Care part of the NHS?

Although George Thomas Hospice works closely with NHS professionals it is an independent voluntary organisation and a registered charity.



Patient Information

Who are we? What do we do?

Registered Charity No: 1023311

Overview

People facing cancer or other life threatening illnesses are at a very difficult and sensitive period of their lives and may welcome additional support that George Thomas Hospice Care can provide.

We offer a home based support service which allows the majority of our patients to remain in the familiar surroundings of their own homes amongst their family and friends.

GTHC uses a team approach to address the needs of the patient and their families. The team are all based in the same office at Tŷ George Thomas in Whitchurch, Cardiff. This means that the different professionals can easily discuss individual cases.



Our services

- Access to all services provided by our health care professionals
- Day centre programmes including day care, fatigue management, relaxation and anxiety management
- Access to complementary therapies
- Out of hours service for clinical advice

Referrals to the services

Patients are referred to us by Family Doctors, Hospitals, Primary Health Teams and other Healthcare Professionals. Occasionally we receive self referrals from patients themselves. In all cases permission from the patients' General Practitioner is essential before we can visit.

The team

Consultant in Palliative Medicine

Advice and information about the condition and palliative treatment options.

Specialist knowledge of medication, pain control and other symptoms such as nausea or vomiting.

Clinical Nurse Specialists (CNS)

Additional training and experience in palliative care.

Assessment, support and planning of care.

A point of contact to liaise with other professionals involved in the patients care.

Social Worker & Welfare Rights Officer

Provide support and practical advice on:

- Benefits
- Housing
- Disabled travel
- Getting help from social services
- Psychological and emotional support

Occupational Therapists (OT)

The OT's assess patient needs with regard to daily activities of living at home including household tasks and personal care.

The OT may give advice, recommend alterations to the home and if required arrange equipment.

Counsellor

Our counsellor provides counselling and emotional support for patients and their families.

For those suffering the loss of a loved one GTHC offers skilled and sensitive bereavement support.

Chaplain

Our Chaplain offers an approach that is sensitive to patients' needs and supports patients in their spiritual journey.

'Day care' At our Hospice Centre

Patients may attend, if they so wish, weekly 'Day Care' sessions at our Hospice Centre in Whitchurch Cardiff. These sessions include recreational activities, social events and complementary therapies such as reflexology and aromatherapy. These sessions can be of great mutual support to patients and their families.

If required, patients can be driven to these sessions in our minibus or by our volunteer drivers. Volunteers also act as hostesses during these sessions for our patients.

In the event of a medical emergency/incident occurring at Tŷ George Thomas the relevant emergency service will be called immediately as appropriate.

A member of the multi – disciplinary clinical team will provide assistance within the boundaries of their professional competence.

You can help us to help others

George Thomas Hospice Care is a registered charity caring for patients and their families in Cardiff.

All our services are provided totally free of charge to patients and their families. The vast bulk of our annual running costs have to be met from voluntary fundraising.

You can help us to continue in our care by:-

- Becoming a volunteer helper
- Making a supporting donation
- Helping with fundraising

If you would like to receive further details please contact us at:

George Thomas Hospice Care, George Thomas, Whitchurch Hospital Grounds, Whitchurch, Cardiff CF14 7BQ

or telephone 029 20524150 or e-mail us at info@gthc.org.uk

